

# Complete Advanced

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Vocabulary

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C1



# COMPLETE *Advanced*

2nd edition

| HEADWORD                             | Part of speech      | DEFINITION  | EXAMPLE  |
|--------------------------------------|---------------------|---|--|
| <b>UNIT 1</b>                        |                     |   |  |
| anticipate                           | <i>verb</i>         | to expect something or prepare for something before it happens                                    | Are you anticipating a big crowd at the party tonight?   |
| assertion                            | <i>noun</i>         | a statement that you strongly believe is true   | I don't agree with his assertion that men are safer drivers than women.  |
| believe wholeheartedly               | <i>phrase</i>       | to be completely sure about something   | I believe wholeheartedly that this plan will succeed.  |
| choose wisely                        | <i>phrase</i>       | to make a good decision about something   | He chose his staff wisely, and the company was a huge success.   |
| clueless                             | <i>adjective</i>    | without any knowledge about a situation or subject  | without any knowledge about a situation or subject   |
| come back to haunt you               | <i>idiom</i>        | If something you do comes back to haunt you, it has bad consequences at a later time.             | Her earlier lies have come back to haunt her now.  |
| courage in the face of an affliction | <i>phrase</i>       | the ability to stay brave even though you are suffering   | Despite their problems, they remain positive and show courage in the face of affliction.                       |
| critical thinking skills             | <i>phrase</i>       | the ability to analyse or evaluate information without letting feelings or opinions influence you | Many people believe that that critical thinking skills should be taught in schools.                            |
| enquiring mind                       | <i>phrase</i>       | Someone who has an enquiring mind always wants to find out about things.                          | She had inherited her father's enquiring mind and was hungry for knowledge and information.                    |
| eye-opener                           | <i>noun</i>         | something that surprises you and teaches you new facts about life, people, etc.                   | Living in another country can be a real eye-opener.  |
| go to incredible lengths             | <i>idiom</i>        | to try extremely hard to achieve something  | She went to incredible lengths to impress her friends.   |
| hoodwink                             | <i>verb</i>         | to deceive or trick someone   | He hoodwinked us into agreeing.  |
| lap up                               | <i>phrasal verb</i> | to accept or believe something with enthusiasm  | They positively lapped up everything he said.  |
| make a flying visit                  | <i>phrase</i>       | to visit somebody for a short period of time  | We won't have time to stop long – we're just making a flying visit on our way to Boston.                       |
| make an informed choice              | <i>phrase</i>       | to make a choice that is based on good information  | These leaflets will help you make an informed choice about your treatment.                                     |
| mismatch                             | <i>noun</i>         | an occasion when people or things are put together that are not suitable for each other           | There is a mismatch between the capacity of the airport and the large number of people wanting to fly from it. |
| out in all weathers                  | <i>phrase</i>       | outside whatever the weather is like  | I wouldn't like to be a fisherman. They have to be out in all weathers to make a living.                       |
| perform a trick                      | <i>phrase</i>       | to do a magic trick in order to entertain people  | I really liked it when he performed the trick of pulling a rabbit out of a hat.                                |
| positive outlook                     | <i>phrase</i>       | If you have a positive outlook, you think the future is likely to be good.                        | She has a positive outlook on life.  |
| serendipity                          | <i>noun</i>         | when you are lucky and find something interesting or valuable by chance                           | Our meeting was pure serendipity.  |
| set foot in                          | <i>phrase</i>       | to go to or into a certain place  | That owner of that shop is so rude! I'm not setting foot in there again.                                       |
| share a viewpoint                    | <i>phrase</i>       | to have the same opinions about something   | We don't agree on everything, but we share a viewpoint on what's best for the children.                        |
| splitting headache                   | <i>phrase</i>       | a very bad pain in your head  | I've got a splitting headache.   |
| suffer from stage fright             | <i>phrase</i>       | to be scared of performing in public  | Although he has a lot of experience as an actor, he still suffers from stage fright.                           |
| well-intentioned                     | <i>adjective</i>    | wanting to have good effects, but sometimes having bad effects that were not expected             | It was well-intentioned plan, but it did more harm than good in the long run.                                  |
| <b>UNIT 2</b>                        |                     |   |  |
| account for                          | <i>phrasal verb</i> | to be the reason or explanation for something   | The recession accounts for the slow growth in the economy.   |
| biological diversity                 | <i>phrase</i>       | the range of different life forms living together in one place                                    | The destruction of the rainforest means there is less biological diversity in the Amazon.                      |
| budget constraints                   | <i>phrase</i>       | limits to the amount of money that is available to spend  | We can't afford a new photocopier because of the current budget constraints.                                   |
| completely thrown                    | <i>phrase</i>       | very surprised and confused, so that you do not know what to do or how to react                   | I was completely thrown by his questions and didn't know what to say.  |
| create wealth                        | <i>phrase</i>       | to make people richer   | New firms in the area are helping to create wealth.  |
| die out                              | <i>phrasal verb</i> | to become more and more rare and then disappear completely  | Dinosaurs died out about 65 million years ago.   |

|                                    |                     |   |   |
|------------------------------------|---------------------|---|---|
| <b>facet</b>                       | <i>noun</i>         | one part of a subject, situation, etc. that has many parts            | She has so many facets to her personality.  |
| <b>fail to take into account</b>   | <i>phrase</i>       | to not consider or remember something when judging a situation        | We failed to take into account the difficulty of persuading people to adopt these measures. |
| <b>fulfil your potential</b>       | <i>phrase</i>       | to achieve everything you are capable of                              | If James fulfils his potential, he could become a professional actor.                       |
| <b>get stuck in</b>                | <i>idiom</i>        | (informal) to start doing something with energy and purpose           | We showed them where the crates had to be moved to, and they got stuck in straight away.    |
| <b>have a detrimental effect</b>   | <i>phrase</i>       | to affect something or someone in a bad way                           | Smoking has a detrimental effect on your health.  |
| <b>have limited prospects</b>      | <i>phrase</i>       | to not have many opportunities  | Lack of education means that these young people have limited prospects.                     |
| <b>have the requisite skills</b>   | <i>phrase</i>       | to have the skills that are needed in order to do something           | This training should give you the requisite skills to do the job.                           |
| <b>hold your own</b>               | <i>phrase</i>       | to be as successful or capable as others in a certain situation       | Elena can hold her own in any conversation on science.                                      |
| <b>impending</b>                   | <i>adjective</i>    | An impending event will happen soon and is usually bad or unpleasant. | The high winds warned us of the impending hurricane.  |
| <b>lack resources</b>              | <i>phrase</i>       | to not have enough of something you need                              | We can't expand our business because we lack the financial resources.                       |
| <b>language competence</b>         | <i>phrase</i>       | the ability to communicate in a language                              | I lacked the language competence to study in Germany.                                       |
| <b>lose touch with your roots</b>  | <i>phrase</i>       | to lose contact with or forget about where you came from              | Pierre has lived abroad for so long that he has lost touch with his roots.                  |
| <b>make a conscious decision</b>   | <i>phrase</i>       | to intentionally decide to do something                               | I made a conscious decision to eat more healthy foods.                                      |
| <b>make a fool of yourself</b>     | <i>phrase</i>       | to make yourself look stupid in front of others                       | I really made a fool of myself when I couldn't remember her name.                           |
| <b>produce substantial savings</b> | <i>phrase</i>       | to save a lot of money  | The new computer system should produce substantial savings.                                 |
| <b>serve no useful purpose</b>     | <i>phrase</i>       | to not be useful for anything   | Nobody ever uses the college coffee machine. It really serves no useful purpose.            |
| <b>settle into the area</b>        | <i>phrase</i>       | to get used to a place where you have started to live                 | It took Pavel a while to settle into the area, but now he has a lot of good friends here.   |
| <b>shift away from</b>             | <i>phrasal verb</i> | to stop using something or doing something                            | Many men are starting to shift away from these traditional roles.                           |
| <b>stand someone in good stead</b> | <i>idiom</i>        | to be useful to someone in the future                                 | This experience will stand you in good stead when you go to college.                        |
| <b>up to scratch</b>               | <i>idiom</i>        | (informal) reaching an acceptable standard                            | Your last essay wasn't up to scratch.   |

### UNIT 3

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|--|------------------|--|---|
| <b>adept</b>                             | <i>adjective</i> | having a natural ability to do something that needs skill                                  | She's very adept at dealing with the media.   |
| <b>attention span</b>                    | <i>noun</i>      | the length of time that someone can keep their thoughts and interest fixed on something    | Young children have a quite short attention span.   |
| <b>come to terms with</b>                | <i>phrase</i>    | to gradually accept a situation  | You're going to have to come to terms with the fact that you'll never make much money as an artist. |
| <b>cultivate</b>                         | <i>verb</i>      | to try to develop or improve something   | She has cultivated an image as a tough negotiator.  |
| <b>digital technology</b>                | <i>phrase</i>    | equipment that uses a computer   | Digital technology has transformed the way we communicate with each other.                          |
| <b>discourage someone from doing sth</b> | <i>phrase</i>    | to try to persuade someone not to do something   | The government launched a campaign to discourage people from smoking.                               |
| <b>exert control</b>                     | <i>phrase</i>    | to use your power to control someone or something  | The teacher was unable to exert control over the class.   |
| <b>feel valued</b>                       | <i>phrase</i>    | to feel that people appreciate things that you do  | It's important to make your staff feel valued.  |
| <b>get things into perspective</b>       | <i>phrase</i>    | to think about a situation in a reasonable way that does not make it seem worse than it is | It really isn't that bad! You need to get things into perspective and stop complaining.             |
| <b>have an aptitude for</b>              | <i>phrase</i>    | to have a natural ability to do something  | Sarah really has an aptitude for maths.   |
| <b>have a flair for</b>                  | <i>phrase</i>    | to have a natural ability to do something  | Marco has a flair for drawing.  |
| <b>instil values</b>                     | <i>phrase</i>    | to influence someone so that they share your beliefs                                       | I hope to instil the values of tolerance and generosity in my children.                             |
| <b>lose your temper</b>                  | <i>phrase</i>    | to suddenly become very angry  | I really lost my temper when the neighbours broke my fence.   |
| <b>peer group</b>                        | <i>noun</i>      | a group of people of about the same age, social position, etc                              | He was the first of his peer group to get married.  |
| <b>physical characteristics</b>          | <i>phrase</i>    | the appearance of someone's body   | Sasha is very different from his father, but they share many of the same physical characteristics.  |
| <b>the animal kingdom</b>                | <i>noun</i>      | the group of all living creatures that are animals   | This type of behaviour is common in the animal kingdom.   |
| <b>update your status</b>                | <i>phrase</i>    | to bring people up to date what you are doing, usually on a social network                 | Now that I'm at university, I'm going to have to update my status to let all my friends know.       |

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|--------------------------|---------------|--|---|
| <b>vicious circle</b>    | <i>phrase</i> | a continuing bad situation, created when one problem causes another problem which then makes the first problem worse | When Frederick started borrowing money to pay his debts, it started a vicious circle. |
| <b>work–life balance</b> | <i>noun</i>   | the amount of time you spend doing your job compared with the amount of time you spend away from work                | It can be difficult to get the right work–life balance.                               |

#### UNIT 4

|                                   |                  |  |   |
|-----------------------------------|------------------|--|---|
| <b>antiquated</b>                 | <i>adjective</i> | very old and not modern enough   | Our accounts are in a mess owing to the antiquated system we are using.   |
| <b>collaborative</b>              | <i>adjective</i> | describing a situation or project in which people work together well as a team   | You can achieve more in a collaborative working environment.  |
| <b>commute</b>                    | <i>verb</i>      | to travel regularly between work and home  | He commutes to London every day.  |
| <b>digital footprint</b>          | <i>noun</i>      | a record of your online activity   | Whenever you visit a website you leave a digital footprint.   |
| <b>disenchanted</b>               | <i>adjective</i> | disappointed with something that you thought was good in the past  | He became disenchanted with politics and resigned from the party.   |
| <b>ergonomic</b>                  | <i>adjective</i> | designed to help people work efficiently and comfortably   | Our offices have an ergonomic design.   |
| <b>ethical code</b>               | <i>phrase</i>    | a set of rules about what is right and wrong   | We have a strict ethical code that all employees must follow.   |
| <b>exploit</b>                    | <i>verb</i>      | to use someone unfairly for your own advantage   | It is easy to exploit workers who are desperate for a job.  |
| <b>extra-curricular</b>           | <i>adjective</i> | not part of a formal educational course  | We encourage our students to take up extra-curricular activities.   |
| <b>foolproof</b>                  | <i>adjective</i> | so simple, easy or perfect that it cannot go wrong   | He said he had a foolproof scheme for making money.   |
| <b>have no outlet</b>             | <i>phrase</i>    | to have no way to express or use energy, emotion, talent, etc.   | She had no outlet for her creativity.   |
| <b>internship</b>                 | <i>noun</i>      | a period of (often unpaid) work experience   | She did an internship with a bank in Hong Kong.   |
| <b>make it a priority</b>         | <i>phrase</i>    | to treat something as important and deal with it before doing other things   | I made it a priority to contact all the club's members.   |
| <b>privacy setting</b>            | <i>noun</i>      | a control that allows you to decide how much information you disclose on a social media site and who you allow to see it | You should tighten up your privacy settings.  |
| <b>reap rewards</b>               | <i>phrase</i>    | to get something good as a result of your actions  | I worked really hard at university, and now I'm reaping the rewards.  |
| <b>retaliate</b>                  | <i>verb</i>      | to do something bad to someone because they have done something bad to you   | They have threatened to retaliate against any troops that attack.   |
| <b>sick leave</b>                 | <i>noun</i>      | a period of time when you are absent from work because of illness  | He was away for a fortnight on sick leave.  |
| <b>social media profile</b>       | <i>phrase</i>    | the information that you give about yourself on social media sites   | I need to update my social media profile to tell friends about my new job.  |
| <b>strictly speaking</b>          | <i>phrase</i>    | being completely accurate, according to the rules  | Strictly speaking, the deadline for this report is Monday, but it won't matter if you need an extra day or two.                       |
| <b>tight budget</b>               | <i>phrase</i>    | a small amount of money available to spend   | There will be no special treats this month. We're on a tight budget.  |
| <b>treat with healthy respect</b> | <i>phrase</i>    | to be very careful about how you use something because it could cause problems for you                                   | You should treat these medicines with healthy respect.  |
| <b>troubleshooting</b>            | <i>noun</i>      | discovering why something does not work effectively and making suggestions about how to improve it                       | The instruction manual includes a section on troubleshooting to help you with any simple problems you might have with the television. |
| <b>undermine</b>                  | <i>verb</i>      | to make something weaker   | A series of scandals have undermined people's confidence in the government.   |
| <b>work station</b>               | <i>noun</i>      | a desk and the area around it where you work in an office  | Our work stations are separated by screens.   |

#### UNIT 5

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|--|---------------------|--|--|
| <b>at first light</b>                  | <i>phrase</i>       | as soon as the sun starts to rise  | We will have to get up at first light tomorrow.                          |
| <b>be in two minds about something</b> | <i>idiom</i>        | to be unable to decide about something   | I'm in two minds about going to see that film as it's had mixed reviews. |
| <b>bump into</b>                       | <i>phrasal verb</i> | to meet someone when you have not planned to meet them   | I bumped into an old school friend in town today.                        |
| <b>emergency services</b>              | <i>plural noun</i>  | the organisations that deal with accidents and urgent problems such as fire, illness, or crime | The emergency services were on standby as the plane landed.              |
| <b>firefighter</b>                     | <i>noun</i>         | someone whose job is to stop fires burning   | More than twenty firefighters battled the blaze.                         |
| <b>have flashbacks</b>                 | <i>phrase</i>       | to have vivid memories of an experience, usually an unpleasant one                             | I still have flashbacks to the car accident we had.                      |
| <b>in response to</b>                  | <i>phrase</i>       | as an answer to  | I am writing in response to your letter.                                 |
| <b>keep your ears pricked</b>          | <i>idiom</i>        | to listen carefully for something  | We kept our ears pricked for intruders.                                  |
| <b>keep your fingers crossed</b>       | <i>idiom</i>        | to hope that things will happen in the way that you want them to                               | Let's keep our fingers crossed that it doesn't rain.                     |

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| <b>narrow-minded</b>                    | <i>adjective</i> | not willing to accept new ideas or opinions that are different from your own | The people here are very narrow-minded.                                |
| <b>put your foot on the accelerator</b> | <i>phrase</i>    | to press down on the pedal that makes a car go more quickly                  | I saw the time and put my foot on the accelerator.                     |
| <b>sense of achievement</b>             | <i>phrase</i>    | a feeling of pride because you have been able to do something successfully   | I had a real sense of achievement when I passed my driving test.       |
| <b>strong current</b>                   | <i>phrase</i>    | a powerful flow of water in the sea or in a river                            | The strong current swept the man out to sea.                           |
| <b>take someone to court</b>            | <i>phrase</i>    | to take legal action against someone   | She's threatening to take me to court for not paying the bill on time. |
| <b>watch your step</b>                  | <i>idiom</i>     | to be careful about what you say and do                                      | You'll be thrown out of college if you don't watch your step.          |
| <b>workout</b>                          | <i>noun</i>      | a series of exercises to make your body strong and healthy                   | He does a daily workout at the gym.                                    |
| <b>worthwhile occupation</b>            | <i>phrase</i>    | a job that has benefits for others   | I think teaching is a very worthwhile occupation.                      |

## UNIT 6

|                                     |                     |  |  |
|-------------------------------------|---------------------|--|--|
| <b>bad-hair day</b>                 | <i>phrase</i>       | (informal) a day when you feel that you do not look attractive, especially because of your hair              | I'm having a bad-hair day.   |
| <b>capture an expression</b>        | <i>phrase</i>       | to represent the look of someone's face accurately in a picture or photograph                                | The portrait really captures her expression of joy.  |
| <b>commission a portrait</b>        | <i>phrase</i>       | to arrange for someone to paint a picture of a person in exchange for payment                                | He's so vain, he's commissioned a portrait of himself.                                     |
| <b>complimentary</b>                | <i>adjective</i>    | praising or expressing admiration for someone  | The reviews of his latest film have been highly complimentary.                             |
| <b>conspiracy</b>                   | <i>noun</i>         | a secret plan made by a group of people to do something bad or illegal                                       | Police uncovered a conspiracy to overthrow the government.                                 |
| <b>draw your own conclusion</b>     | <i>phrase</i>       | to consider the facts of a situation and make a decision about what is true, correct, likely to happen, etc. | She refused to talk about it – you can draw your own conclusion from that.                 |
| <b>eyes boring into you</b>         | <i>phrase</i>       | If someone's eyes are boring into you, that person is staring very hard at you.                              | I could feel his eyes boring into me.  |
| <b>from the outset</b>              | <i>phrase</i>       | from the beginning   | The project was doomed from the outset.  |
| <b>innate</b>                       | <i>adjective</i>    | An innate quality or ability is one that you were born with and not one you have learned.                    | She has an innate gift for working with children.  |
| <b>in your element</b>              | <i>phrase</i>       | in a place or situation that is completely natural and comfortable for you                                   | He's always loved acting and you can see he's in his element when he's on stage.           |
| <b>minor character</b>              | <i>phrase</i>       | somebody in a story who is not very important  | I got a part in the play, but it was only a minor character.                               |
| <b>overstated</b>                   | <i>adjective</i>    | expressed in a way that is too strong  | I feel that his complaints were overstated.  |
| <b>passing moods and emotions</b>   | <i>phrases</i>      | emotional states that do not last long   | The novel captures the passing moods and emotions of its main character very convincingly. |
| <b>plead guilty</b>                 | <i>phrase</i>       | to state in court that you are guilty of a crime   | He was sent straight to prison after pleading guilty.                                      |
| <b>put the finishing touches to</b> | <i>phrase</i>       | to add small details in order to make something perfect  | I'm just putting the finishing touches to the wedding cake.                                |
| <b>self-consciousness</b>           | <i>noun</i>         | the state of being too aware of how you appear to others   | She stood up and sang for us, without any self-consciousness.                              |
| <b>so to speak</b>                  | <i>phrase</i>       | used to explain that you are using a special or unusual expression   | In their household it's Lorna who wears the trousers, so to speak.                         |
| <b>status symbol</b>                | <i>noun</i>         | something that someone owns that shows they have a high position in society                                  | For lots of people, a sports car is a status symbol.                                       |
| <b>trail of destruction</b>         | <i>phrase</i>       | instances of damage in different places along a route  | The hurricane left a trail of destruction.   |
| <b>turn out</b>                     | <i>phrasal verb</i> | to happen in a particular way, or to have a particular result  | The bomb warning turned out to be a false alarm.   |
| <b>unsettling</b>                   | <i>adjective</i>    | making you feel worried or uncomfortable   | Going back to the place where I grew up was a very unsettling experience.                  |

## UNIT 7

|                                      |                     |  |   |
|--------------------------------------|---------------------|--|---|
| <b>addiction</b>                     | <i>noun</i>         | the state of being unable to stop doing, having or using something   | Exercise has become an addiction for me.  |
| <b>competitive sport</b>             | <i>phrase</i>       | a sport that involves competition against other people   | Football is the most popular competitive sport.   |
| <b>drown out</b>                     | <i>phrasal verb</i> | to make a noise that prevents another noise from being heard   | I turned up the radio to drown out the noise of the roadworks.                                |
| <b>for a start</b>                   | <i>phrase</i>       | used when you are giving the first in a list of reasons or points you want to make                           | We never go to that café. For a start, it's too expensive, and also the service is very slow. |
| <b>force someone to do something</b> | <i>phrase</i>       | to make someone do something they don't want to do   | I hated the violin when I was younger, but my mother forced me to learn it.                   |
| <b>grab someone's attention</b>      | <i>phrase</i>       | to do something that immediately makes someone look or listen  | The advertisement is designed to grab people's attention.                                     |
| <b>hack into</b>                     | <i>phrasal verb</i> | to get into someone's computer system without permission in order to get information or do something illegal | He was arrested for hacking into government files.  |

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| <b>leave things to chance</b>                  | <i>phrase</i> | to act without any particular plan or expectation  | I decided to book a hotel rather than leaving things to chance.                                      |
| <b>leisure activity</b>                        | <i>phrase</i> | something that you do in your free time for enjoyment  | Playing computer games is a very popular leisure activity.   |
| <b>mass market</b>                             | <i>phrase</i> | a large number of people who want to buy something   | We don't produce goods for the mass market.  |
| <b>pass down from generation to generation</b> | <i>phrase</i> | If something is passed down from generation to generation, it is given by older people to their children, who then give it to their children, and so on. | These stories have been passed down from generation to generation.                                   |
| <b>raise funds</b>                             | <i>phrase</i> | to collect a sum of money for a certain purpose  | We're trying to raise funds for a new swimming pool.   |
| <b>relief</b>                                  | <i>noun</i>   | a feeling of happiness that something unpleasant has not happened or has ended   | After the exam, I felt an incredible sense of relief.  |
| <b>value for money</b>                         | <i>phrase</i> | If something is value for money, you feel satisfied with what you get for its price.   | Our customers like to feel they're getting value for money.  |
| <b>virtual world</b>                           | <i>phrase</i> | a world that only exists online  | You should get out and experience the real world instead of sitting here playing in a virtual world. |

## UNIT 8

|                                  |                     |  |  |
|----------------------------------|---------------------|--|--|
| <b>aspire to</b>                 | <i>phrasal verb</i> | to have a strong wish or hope to do or achieve something                               | As a child, he aspired to be a great writer.   |
| <b>audience appeal</b>           | <i>phrase</i>       | the quality that makes something attractive or interesting to an audience              | It's easy to understand the audience appeal of her show.   |
| <b>breaking news story</b>       | <i>phrase</i>       | a news story that is just starting to be reported                                      | Now we go live to Florida for a breaking news story.   |
| <b>empathise</b>                 | <i>verb</i>         | to be able to understand how someone else feels  | Luís could really empathise with Miguel because he had been in the same situation.                 |
| <b>give an account</b>           | <i>phrase</i>       | to give a spoken or written description of something                                   | She was asked to give an account of the event in court.  |
| <b>insight</b>                   | <i>noun</i>         | a clear and sometimes sudden understanding about something that is complicated         | I really gained an insight into the lives of these people by living with them for year.            |
| <b>in the long run</b>           | <i>phrase</i>       | at a time that is far away in the future   | It seems a lot of effort but I'm sure it's the best solution in the long run.                      |
| <b>multinational corporation</b> | <i>phrase</i>       | a company that buy and sell goods in different countries                               | Sven didn't want to work in a small firm, so he applied to a number of multinational corporations. |
| <b>news bulletin</b>             | <i>noun</i>         | a short news story, usually on TV or radio   | We first heard about the disaster from a news bulletin on the radio.                               |
| <b>provoke a reaction</b>        | <i>phrase</i>       | to make people react, especially by being shocking or arousing strong feelings         | The protest certainly provoked a reaction, as the government has agreed to change its plans.       |
| <b>reality TV</b>                | <i>noun</i>         | television programmes showing ordinary people filmed in real situations                | She appeared in a reality TV show.   |
| <b>sense of community</b>        | <i>phrase</i>       | the feeling that we are part of a group of people with shared beliefs                  | In our village, we all know each other and there's a real sense of community.                      |
| <b>side effect</b>               | <i>noun</i>         | an unpleasant effect of a medical drug that happens in addition to the intended effect | Does this drug have any side effects?  |
| <b>source of information</b>     | <i>phrase</i>       | a person or place that provides information  | This website is a good source of information for organic gardeners.                                |
| <b>symptomatic</b>               | <i>adjective</i>    | being a bad sign that indicates a more serious illness or problem                      | Jealousy in a relationship is usually symptomatic of low self-esteem in one of the partners.       |

## UNIT 9

|   |                  |   |   |
|---|------------------|---|---|
| <b>at the mercy of</b>                  | <i>phrase</i>    | in a situation where someone or something has complete power over you       | Poor people are increasingly at the mercy of money-lenders.                                   |
| <b>at this juncture</b>                 | <i>phrase</i>    | at this particular point in time  | At this juncture, it is impossible to say whether she will make a full recovery.              |
| <b>barbarism</b>                        | <i>noun</i>      | extremely cruel and unpleasant behaviour                                    | He witnessed some appalling acts of barbarism during the war.                                 |
| <b>behind the wheel</b>                 | <i>phrase</i>    | driving a motor vehicle   | I'm a different person when I'm behind the wheel.   |
| <b>blow something out of proportion</b> | <i>phrase</i>    | to treat a particular event or problem far too seriously                    | It's ridiculous – we have a tiny disagreement and you blow the whole thing out of proportion! |
| <b>conserve energy</b>                  | <i>phrase</i>    | to use as little energy as possible   | The new light bulbs use less electricity and therefore conserve energy.                       |
| <b>criminal record</b>                  | <i>noun</i>      | Someone with a criminal record has been found guilty of crimes in the past. | The company will not employ anyone with a criminal record.                                    |
| <b>degenerate</b>                       | <i>verb</i>      | to become worse   | The demonstration soon degenerated into violence.   |
| <b>disorientated</b>                    | <i>adjective</i> | confused and not knowing where to go or what to do                          | He woke up feeling completely disorientated.  |
| <b>feasible</b>                         | <i>adjective</i> | able to be made, done, or achieved  | With the extra resources, the project now seems feasible.                                     |
| <b>financial resources</b>              | <i>phrase</i>    | the amount of money that is available to spend                              | The country doesn't have the financial resources to invest in housing.                        |
| <b>find something laughable</b>         | <i>phrase</i>    | to think something is stupid or ridiculous                                  | I found their plan to change fruit into oil laughable.  |

|                                       |                     |   |   |
|---------------------------------------|---------------------|---|---|
| <b>flawed</b>                         | <i>adjective</i>    | not perfect, containing mistakes                                    | Further studies show that her data was flawed.  |
| <b>grab the headlines</b>             | <i>phrase</i>       | to be widely reported in the news                                   | The museum grabbed the headlines when it paid over £1 million for a pile of bricks.           |
| <b>hand down</b>                      | <i>phrasal verb</i> | to give something to someone in your family who is younger than you | I really wanted new clothes when I was younger, but everything was handed down by my brother. |
| <b>in broad terms</b>                 | <i>phrase</i>       | speaking in a general way   | He described the job in broad terms, without going into details.                              |
| <b>labour-saving device</b>           | <i>phrase</i>       | a machine or piece of equipment that saves time and effort          | Vacuum cleaners and washing machines are labour-saving devices.                               |
| <b>meet regulations</b>               | <i>phrase</i>       | to fulfil or satisfy a set of rules                                 | The offices do not meet safety regulations.   |
| <b>predator</b>                       | <i>noun</i>         | an animal that hunts, kills and eats other animals                  | Hippos do not have many predators.  |
| <b>relatively few and far between</b> | <i>phrase</i>       | not happening or existing very often                                | You may as well walk, as buses from here are relatively few and far between.                  |
| <b>rock steady</b>                    | <i>phrase</i>       | not likely to move or break   | Make sure the fence posts are rock steady.  |
| <b>world view</b>                     | <i>phrase</i>       | a way of thinking about the world                                   | Our world view is quite different from that of writers in the fourth century BC.              |

## UNIT 10

|   |                  |   |   |
|---|------------------|---|---|
| <b>as luck would have it</b>                  | <i>phrase</i>    | by chance   | We ran out of petrol on the way home, but as luck would have it, we were very near a garage.        |
| <b>be passionate about</b>                    | <i>phrase</i>    | to have very strong feelings or emotions about something, especially because you think it is important          | He is passionate about the need to educate these children.  |
| <b>be torn between</b>                        | <i>phrase</i>    | If you are torn between two possibilities, you find it very difficult to choose between them.                   | I was torn between the desire for freedom and loyalty to my family.                                 |
| <b>by contrast</b>                            | <i>phrase</i>    | used to show that there is an important difference between two things, people, or situations                    | Their economy has done well. By contrast, ours has declined.  |
| <b>clued up</b>                               | <i>adjective</i> | (informal) knowledgeable about something  | Marisa will be able to tell you the problem – she's really clued up about computers.                |
| <b>culture shock</b>                          | <i>noun</i>      | the feeling of confusion someone has when they go to a new and very different place                             | Moving from a university to a multinational company was a bit of a culture shock.                   |
| <b>fascination with</b>                       | <i>phrase</i>    | the feeling of finding something extremely interesting  | My fascination with opera started when I lived in Italy.  |
| <b>from the word go</b>                       | <i>phrase</i>    | (informal) from the time when something started   | The project had problems with funding right from the word go.                                       |
| <b>glossy brochure</b>                        | <i>phrase</i>    | an expensive-looking short magazine that gives information about a product or a company                         | We spent ages looking at the glossy brochures advertising holidays all over the world.              |
| <b>have a passion for</b>                     | <i>phrase</i>    | to enjoy something very much  | He has a passion for football.  |
| <b>have someone's best interests at heart</b> | <i>phrase</i>    | to care about what is best for someone  | I don't feel that the company has the best interests of its staff at heart.                         |
| <b>implement</b>                              | <i>verb</i>      | to make a law, system, plan, etc. start to happen or operate  | Our new computerised system will soon be fully implemented.   |
| <b>in a quandary</b>                          | <i>phrase</i>    | not able to decide what to do about a situation   | I was in a quandary when they offered me the job.   |
| <b>in marked contrast to</b>                  | <i>phrase</i>    | used to emphasise that one thing or situation is completely different from another                              | His kindness was in marked contrast to the attitude of the other doctors.                           |
| <b>make a (real) difference</b>               | <i>phrase</i>    | to improve a situation (a lot)  | Exercise can make a real difference to your state of health.  |
| <b>make something available</b>               | <i>phrase</i>    | to provide something for people to buy or use   | We had so many applicants for the course that we have decided to make another ten places available. |
| <b>pass on knowledge</b>                      | <i>phrase</i>    | to inform other people about things you know  | Through these books, he passed on his knowledge to future generations.                              |
| <b>put effort into</b>                        | <i>phrase</i>    | to work hard to achieve something   | She has clearly put a lot of effort into this work.   |
| <b>self-study</b>                             | <i>noun</i>      | a way of learning about a subject that involves studying on your own, rather than in a classroom with a teacher | The diploma is awarded following a course of self-study ending in a three-hour exam.                |
| <b>social life</b>                            | <i>noun</i>      | the time you spend with other people when you are not working or studying                                       | Lucia has lots of friends and hobbies so she has a very active social life.                         |
| <b>work independently</b>                     | <i>phrase</i>    | to work on your own, without help from other people   | To be a successful student, you need to be able to work independently.                              |

## UNIT 11

|                          |                     |   |   |
|--------------------------|---------------------|---|---|
| <b>call (someone) up</b> | <i>phrasal verb</i> | to telephone someone  | My dad called me up to tell me the good news.                 |
| <b>demise</b>            | <i>noun</i>         | death   | On his demise, the land will go to his son.                   |
| <b>fatal</b>             | <i>adjective</i>    | causing death   | Police are investigating a fatal accident in the town centre. |
| <b>get your hands on</b> | <i>idiom</i>        | to be able to obtain something  | I read anything I could get my hands on.                      |
| <b>hasty judgement</b>   | <i>phrase</i>       | an opinion or conclusion that you have formed too quickly, without knowing enough about the situation | You should avoid hasty judgements and get to know her first.  |

|                                       |                     |  |   |
|---------------------------------------|---------------------|--|---|
| <b>impose a deadline</b>              | <i>phrase</i>       | to tell somebody a date or time by which something must be done  | If he's working too slowly, you need to impose some deadlines.      |
| <b>inhospitable</b>                   | <i>adjective</i>    | An inhospitable place is not pleasant or easy to live in because it is too hot, cold, etc.                                       | We visited some of the world's most inhospitable deserts.           |
| <b>intrepid</b>                       | <i>adjective</i>    | extremely brave and showing no fear of dangerous situations  | He was tracked down by an intrepid reporter.                        |
| <b>keep someone waiting</b>           | <i>phrase</i>       | to make someone wait for you   | The boss is ready to see you – don't keep her waiting!              |
| <b>offer condolences</b>              | <i>phrase</i>       | to tell someone that you are very sorry about something that has happened to them, especially when someone important to them has | Please offer my condolences to your sister on her loss.             |
| <b>off the beaten track</b>           | <i>idiom</i>        | in a place where few people go   | Her cottage is a long way off the beaten track.                     |
| <b>on the spur of the moment</b>      | <i>idiom</i>        | If you do something on the spur of the moment, you do it suddenly, without planning it.  | On the spur of the moment we decided to visit James.                |
| <b>open to</b>                        | <i>phrase</i>       | willing to experience something  | You will learn a lot if you are open to new ideas.                  |
| <b>plain sailing</b>                  | <i>idiom</i>        | something that is easy and without problems  | I had revised for weeks, so the test was plain sailing.             |
| <b>put someone on hold</b>            | <i>phrase</i>       | to leave someone waiting on the telephone before they can speak to someone   | His line's busy at the moment – I'll put you on hold.               |
| <b>remote wilderness</b>              | <i>phrase</i>       | an area of completely wild land that is far away from where people live  | We walked through the remote wilderness of northern Scotland.       |
| <b>sponsored walk</b>                 | <i>phrase</i>       | a walk that people pay you to do in order to raise money for charity   | I owe Saskia \$10 for that sponsored walk she did.                  |
| <b>starting price</b>                 | <i>noun</i>         | the lowest amount of money that you can buy a particular thing for   | These apartments have a starting price of £500,000.                 |
| <b>stick around</b>                   | <i>phrasal verb</i> | (informal) to stay somewhere for a period of time  | Stick around after the concert and you might meet the band.         |
| <b>sustainable</b>                    | <i>adjective</i>    | causing little or no damage to the environment and therefore able to continue for a long time                                    | We need to find more sustainable sources of fuel.                   |
| <b>take the rough with the smooth</b> | <i>idiom</i>        | to accept the unpleasant parts of a situation as well as the pleasant parts  | In a long relationship, you have to take the rough with the smooth. |
| <b>torrent</b>                        | <i>noun</i>         | a sudden, large amount of something  | He received a torrent of abuse from the crowd.                      |
| <b>voyage into the unknown</b>        | <i>phrase</i>       | a journey to a place that nobody knows about   | Their expedition was a real voyage into the unknown.                |
| <b>within earshot</b>                 | <i>phrase</i>       | inside the range of distance where you can hear something or someone   | Make sure the children are within earshot.                          |

## UNIT 12

|                              |                    |  |   |
|------------------------------|--------------------|--|---|
| <b>cash crop</b>             | <i>noun</i>        | a crop that is grown to be sold rather than being used by people who live in the area where it is grown  | Coffee is an important cash crop in this region.  |
| <b>deliberate</b>            | <i>adjective</i>   | intentional and planned  | We made a deliberate decision to live apart for a while.                                  |
| <b>fire risk</b>             | <i>phrase</i>      | something that could cause a fire  | This old wiring is a fire risk.   |
| <b>flood defences</b>        | <i>plural noun</i> | barriers or other methods used to stop an area from flooding   | The government plans to build stronger flood defences on this area of coastline.          |
| <b>fossil fuel</b>           | <i>noun</i>        | a fuel such as coal or oil that is obtained from under the ground  | We need to find alternatives to fossil fuels.   |
| <b>global warming</b>        | <i>noun</i>        | when the air around the world becomes warmer because of pollution  | Global warming is affecting the polar ice caps.   |
| <b>heat wave</b>             | <i>noun</i>        | a period of time, usually a few days or weeks, when the weather is much hotter than usual  | The heat wave is set to last for another week.  |
| <b>immunity</b>              | <i>noun</i>        | a state in which your body is protected from disease   | The vaccination gives you immunity against the disease for six months.                    |
| <b>infectious</b>            | <i>adjective</i>   | able to pass a disease from one person, animal or plant to another   | This disease is highly infectious.  |
| <b>learning difficulties</b> | <i>plural noun</i> | mental problems that affect a person's ability to learn things   | Some of the children have specific learning difficulties.                                 |
| <b>natural energy</b>        | <i>noun</i>        | energy that comes from sources such as wind or the sun   | The house is heated entirely from natural energy.   |
| <b>reach your potential</b>  | <i>phrase</i>      | to achieve everything you are capable of   | She was a gifted violinist, but she never reached her potential.                          |
| <b>refugee camp</b>          | <i>noun</i>        | a place where people who have escaped from their own country can live, usually in bad conditions and only expecting to stay for a limited time | Huge refugee camps have sprung up on the borders.   |
| <b>rote learning</b>         | <i>phrase</i>      | learning something in order to be able to repeat it from memory, rather than in order to understand it   | Much of what they do in class is little more than rote learning.                          |
| <b>sign language</b>         | <i>noun</i>        | a system of communication using hand movements, used by people who cannot hear   | They communicated with sign language.   |
| <b>submit a proposal</b>     | <i>phrase</i>      | to give someone a formal, written suggestion for doing something   | Youth groups are invited to submit proposals for activities they would like to be funded. |
| <b>time-consuming</b>        | <i>adjective</i>   | needing a lot of time  | The legal process was time-consuming and expensive.                                       |

## UNIT 13

|                            |                  |   |   |
|----------------------------|------------------|---|---|
| <b>allergic</b>            | <i>adjective</i> | If you are allergic to something, you become ill if you touch it, eat it or go near it.           | I'm allergic to cat fur.  |
| <b>aspiration</b>          | <i>noun</i>      | something that you hope to achieve  | I've never had any political aspirations.   |
| <b>avoid contact with</b>  | <i>phrase</i>    | to make sure that you do not touch or come near something   | Try to avoid direct contact with any of the chemicals.                                |
| <b>balanced diet</b>       | <i>noun</i>      | a healthy combination of different types of food  | If you have a balanced diet, you are getting all the vitamins you need.               |
| <b>developed country</b>   | <i>phrase</i>    | a country with a lot of industrial activity and where people generally have high incomes          | Our sample came from a broad cross-section of the populations of developed countries. |
| <b>exhaust fumes</b>       | <i>phrase</i>    | waste gas from a vehicle's engine that comes out through a pipe                                   | We sat in the traffic jam, breathing in the exhaust fumes from the cars around us.    |
| <b>familiar with</b>       | <i>phrase</i>    | knowing something quite well  | I'm sorry, I'm not familiar with your poetry.   |
| <b>fit for purpose</b>     | <i>phrase</i>    | Something that is fit for purpose is good enough to be used for the function it was intended for. | The school buildings are no longer fit for purpose.                                   |
| <b>immune system</b>       | <i>noun</i>      | the cells and tissues in your body that fight against infection                                   | Vitamins help boost your immune system.   |
| <b>obsessed with</b>       | <i>phrase</i>    | too interested or worried about something   | She's obsessed with computer games – they're the only thing she can talk about!       |
| <b>on behalf of</b>        | <i>phrase</i>    | representing  | I'm proud to accept this award on behalf of all my colleagues.                        |
| <b>physical exertion</b>   | <i>phrase</i>    | effort that you make with your body   | I get out of breath with any kind of physical exertion.                               |
| <b>physical fitness</b>    | <i>phrase</i>    | the state of having a strong, healthy body  | All this cycling has certainly improved my physical fitness.                          |
| <b>resistant to</b>        | <i>phrase</i>    | not harmed or affected by something   | Some bacteria are resistant to these antibiotics.                                     |
| <b>rural area</b>          | <i>phrase</i>    | an area of countryside  | Bus services to rural areas are very poor.  |
| <b>state-of-the-art</b>    | <i>adjective</i> | using the newest ideas, designs, and materials  | This computer system uses state-of-the-art technology.                                |
| <b>vote with your feet</b> | <i>idiom</i>     | to leave a place or an organisation because you do not like something about it                    | If prices go up, customers will vote with their feet.                                 |

## UNIT 14

|   |                     |  |  |
|---|---------------------|--|--|
| <b>accountable decision-making</b>        | <i>phrase</i>       | making decisions for which you accept responsibility   | You will not get accountable decision-making if you have a new boss every few months.                  |
| <b>be the case</b>                        | <i>phrase</i>       | to be true   | Bad diet can cause tiredness, but I don't think that's the case here.                                  |
| <b>brain drain</b>                        | <i>noun</i>         | the situation in which large numbers of educated and very skilled people leave their own country to live and work in another one where pay and conditions are better | Politicians fear a huge brain drain in coming years.   |
| <b>Don't get me wrong.</b>                | <i>phrase</i>       | used when you do not want someone to think that you do not like someone or something   | Don't get me wrong – I like her, but she can be very annoying.   |
| <b>feel special ties</b>                  | <i>phrase</i>       | to feel an emotional connection with a place or a person   | I feel special ties with my old school.  |
| <b>feeling of insecurity</b>              | <i>phrase</i>       | a feeling that you are not safe or protected   | The driver's nervous laughter gave us a feeling of insecurity.   |
| <b>fit in</b>                             | <i>phrasal verb</i> | to feel that you belong to a particular group and are accepted by them   | He doesn't fit in with the other pupils in his class.  |
| <b>get ideas across</b>                   | <i>phrase</i>       | to communicate ideas to other people   | We need more publicity in order to get our ideas across to the public.                                 |
| <b>have a different take on something</b> | <i>phrase</i>       | to have a different opinion or a different way of thinking about something   | I think that smacking children is wrong, but my parents have a different take on it.                   |
| <b>language barrier</b>                   | <i>phrase</i>       | the difficulty of communication between people who do not speak the same language well   | For the children there was no language barrier – they started playing together straight away.          |
| <b>look down on someone</b>               | <i>phrasal verb</i> | to think that someone is less important or intelligent than you  | I felt that people looked down on me because of my accent.   |
| <b>make good</b>                          | <i>phrase</i>       | to succeed and become rich   | Having grown up in a poor family, he came to the city hoping to make good.                             |
| <b>make the transition</b>                | <i>phrase</i>       | to change from one situation to another  | I found it hard to make the transition from student to employee.                                       |
| <b>marry up</b>                           | <i>phrasal verb</i> | to combine different things successfully so that they work well together   | We've married up several different approaches to provide our customers with the best possible service. |
| <b>melting pot</b>                        | <i>noun</i>         | a place where people of many different races and from different countries live together  | The area is a melting pot of different cultures.   |
| <b>mixed marriage</b>                     | <i>phrase</i>       | a marriage between people of different races   | There haven't been many mixed marriages in my country.   |
| <b>peripheral</b>                         | <i>adjective</i>    | not as important as other things   | The book contains a great deal of peripheral detail.   |

|                                 |                     |   |  |
|---------------------------------|---------------------|---|--|
| <b>preconception</b>            | <i>noun</i>         | an idea or opinion formed before enough information is available for it to be accurate      | Try to go into the meeting without any preconceptions about what the other group might want. |
| <b>restrictive</b>              | <i>adjective</i>    | limiting the amount or freedom of something   | The college is unable to expand because of restrictive planning laws.                        |
| <b>settle down</b>              | <i>phrasal verb</i> | to start living in a place where you intend to stay for a long time, usually with a partner | Do you think he'll ever settle down and have a family?                                       |
| <b>the driving force</b>        | <i>phrase</i>       | a person or thing that has a very strong influence and makes something happen               | She was the driving force behind the project.  |
| <b>the essence of something</b> | <i>phrase</i>       | to be the most important part of the character of something                                 | An atmosphere of mutual respect forms the essence of our working relationship.               |
| <b>untapped potential</b>       | <i>phrase</i>       | something that could be useful but that is not being used                                   | As a tourist destination, this place has a lot of untapped potential.                        |

# Máte otázky ?

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